



An introduction to

Atlantic Loire Valley

A fantastic playground for your next holidays

atlantic-loire-valley.com
BRIMMING WITH HOLIDAY IDEAS

1. How to reach Atlantic Loire Valley?



BY PLANE

via Paris

BY CAR

To Angers

➤ 1,748 km from Copenhagen

To Le Mans

➤ 1,562 km from Copenhagen

To Nantes

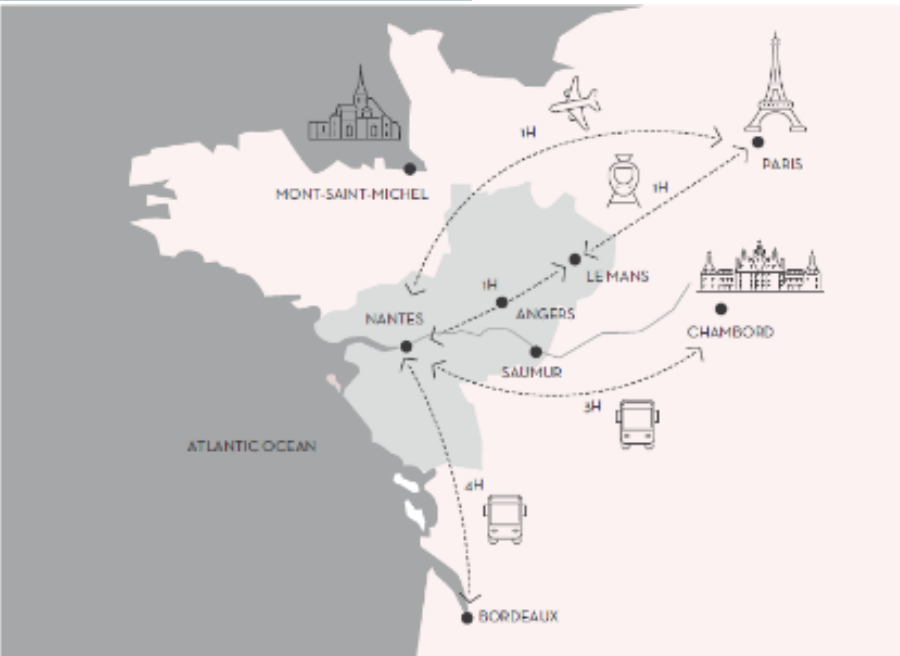
➤ 1,735 km from Copenhagen

➤ BY TRAIN from Paris

➤ Le Mans : 1 hour by high speed train (TGV)

➤ Nantes 2 hours by high speed train (TGV)

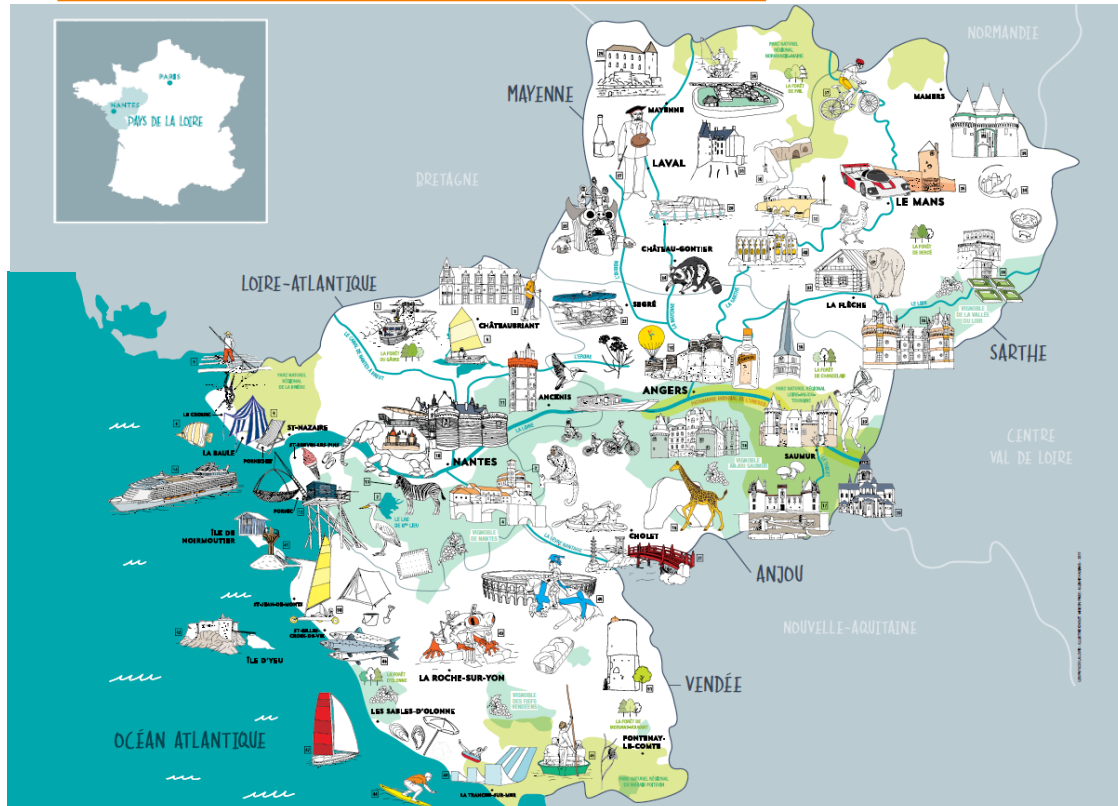
➤ Direct TGV connections from Paris Charles de Gaulle airport



Atlantic Loire Valley in a nutshell

Double attraction of the Atlantic Ocean
and the Loire Valley!

<https://web.microsoftstream.com/video/10de3a96-9750-4fc7-8a57-83f669759c96>



250 km of Loire River

215 km of beaches & 450
km of coastline

3rd vineyard in France.
More than 200 wineries
open to the public

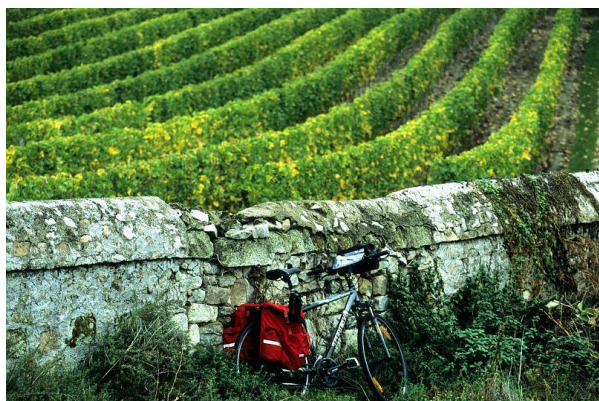
3,000 km of cycling routes

4 regional nature parks

Vibrant cities: Nantes,
Angers, Le Mans and lovely
town and villages

A land of culture & heritage

Discover the DNA of Atlantic Loire Valley



TAKE IT SLOW IN ATLANTIC LOIRE VALLEY!

TRY THE ATLANTIC LOIRE VALLEY LIFESTYLE !



Take it slow in Atlantic Loire Valley!



Cycling activities



Cycling activities: 4 major itineraries



- The Loire by bike – EV6 – 900 km
- The Velodyssey – EV1 – 1,200 km
- La Vélo Francette – 630 km
- La Vallée du Loir à Vélo – 320 km



Plenty of services for cyclists, Secured and signposted cycle routes

Over 500 « Accueil Vélo » professionals: accommodation, bike rentals, attractions...



Cycling activities: Focus on the Velodyssée, freewheeling down the Atlantic



- 420 km in Atlantic Loire Valley
- The Atlantic coast in Vendée & Loire-Atlantique
- 2 islands: Yeu & Noirmoutier
- The Loire estuary
- The Canal from Nantes to Brest

www.velodyssée.com



Live your best life on the Atlantic Coast!



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With 425 km of coastline Atlantic Loire Valley offers plenty of seaside experience both for families, beginners and athletes

- Try « Foil » in les Sables d'Olonne. It will enable you to literally fly over the sea (safely) with **Ohana surf** thanks to a brand new technique accessible to beginners. From 65€ / personne.
- Depart from St Nazaire harbour and enjoy a ride in a catamaran boat with **Mouette & sea**. A peaceful journey to discover the amazing landscapes of the Atlantic Coast
- On the island of Noirmoutier, enjoy a fabulous moment tasting the local oysters dans seafood including lobsters at **La Cabane d'Adrien** in the middle of the salt marshes



Atlantic Loire Valley land of fine wines...



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LOIRE VALLEY WINES

At the heart of the Loire Valley wine region:

One of the 10 European vineyards on the UNESCO World Heritage list [UNESCO-listed wine route of over 800km](#)

12 grape varieties, of which 4 major vines : cabernet franc, chenin, melon de bourgogne and sauvignon

35% of white wines, 30% rosé, 20% red wines, 15% « fines bulles » sparkling wines

250 million Loire Valley wine bottles sold every year in 140 countries, i.e. 8 bottles per second

Muscadet, Anjou, Saumur, Layon, and many more



Atlantic Loire Valley land of fine wines... and passionate winemakers



Countless opportunities for wine tasting across the region

Great ambassadors such as : **Pascaline Lepeltier, best French sommelier in 2018 grown-up in Angers** and **Evelyne de Pontbriand** who came to winemaking after a long career teaching French abroad at **Domaine du Closel** in **Savennières**.

Once a teacher, Val created « **Les Vignes selon Val** » to share her passion for the Layon Valley, a combination of hiking in both public footpaths and private ones with wine tasting. Learn about AOC, typical grape varieties, terroirs, winemaking processes...'. From 28 € / person.

On your e-bike or e-car discover **the Mourat vineyards** and enjoy a **gastronomic picnic** in Vendée prepared by a local chef.

Over 50% of our vineyards are certified in organic farming. Pay a visit to **Domaine de l'Ecu** in Muscadet vineyard near Nantes or **Domaine Gigou** in Sarthe



Houseboating in Atlantic Loire Valley



Houseboating in Atlantic Loire Valley

With 375 km of waterways...

In Mayenne, in Sarthe or on the Canal from Nantes to Brest, rivers turn out to be the most beautiful ways to discover an area. At the bar of a barge and sailing to the slow rhythm of the river, it is the amateur navigators themselves who will pass the locks.

For a day, a weekend or a week, the boats are an opportunity to sail peacefully to discover the valley, the old villages and many surprises along the river.



Houseboats offers :

- On the river Mayenne : Les Canalous www.canalous-mayenne.com
- On the river Sarthe : Anjou Navigation www.anjou-navigation.fr
- On the Canal from Nantes to Brest : Bretagne Fluviale www.bretagne-fluviale.com

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